



Community Service since  
February 14, 1925

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# The OLLYWOG

International Website: [www.cosmopolitan.org](http://www.cosmopolitan.org) and Local Club Website: [www.sfcosmoclub.org](http://www.sfcosmoclub.org)

– **PUBLISHED WEEKLY BY YOUR COSMOPOLITAN CLUB OF SIOUX FALLS** –

Editor(s): Lou Rensch, Rick DiSanto, Jeff Kogel & Lanny Auringer  
PO Box 394, Sioux Falls, SD 57101-0394 Meets Monday Noon at The Alliance

**Monday, August 24, 2020**

**ATTENDANCE:** 18

**INVOCATION:** Thanks to Bill Kubat for leading us in prayer.

**GUESTS:** Melvina Newman brought her husband, Dick!! Welcome Dick!

**JACKPOT:** Bob Whitmore – Congrats!!

**QUEENS DRAWING:** Mary Bakker drew the Ace of Hearts! Aawww!

**NEXT MEETING:** Monday, September 14, 2020

**NO MEETING THE NEXT THREE MONDAYS!!**

**UPCOMING PROGRAMS:**

August 31 – No Meeting – 5<sup>th</sup> Monday

September 7 – No Meeting – Labor Day

September 14 – Sweetest Day of Golf – No Meeting

September 21 – Dr Jane Stavem, SF School District Superintendent

September 28 - TBD

**UPCOMING MEALS:** Meatloaf is the special but there are many other choices as well.

**UPCOMING COD:**

August 31 5<sup>th</sup> Monday – Evening Social

September 7 Labor Day – No Meeting

September 14 Sweetest Day of Golf – No Meeting

September 21 Ken Fisher

## **BIRTHDAYS:**

- Don Platt August 13
- Barry Solomon August 13
- Tom Loonan August 16
- Steve Mix August 30

## **AUGUST MEMBERSHIP ANNIVERSARIES:**

- Joe Spader August 29, 2011 9 years

**HEALTH REPORT:** Ludene's dog had surgery and it recovering well!!

## **COSMO OF THE DAY: Bob Whitmore, retired**

- Bob was born on March 3, 1949 in York, NE.
- Youngest of 2 children. His sister lives in Sioux Falls and is why he moved here
- Graduated from U. of Nebraska with a Business degree.
- Started out in 1971 as an insurance Adjuster but decided he wanted to be like Jerry Priebe so he got into insurance sales. ☺
- Moved to Sioux Falls in 1976 and worked for Boen Boxdorfer for 13 years. Then went to work for McKinney-Allen Insurance.
- Bob met Kay and has been married for 42 years.
- Bob enjoys golf, bridge and singing. Has been playing bridge on-line recently
- Bob has 2 new knees in recent years
- Retired from McKinney-Olson 7 ½ years ago
- Bob is a member of First Baptist Church
- He has been a Cosmo since 1980. He joined with Steve Sprenger at the morning club. He was president when the club folded. ☺
- Bob has served his Club well in many capacities over the years. His favorite is being a part of the DSA Committee.
- Last Saturday Bob, Kay, Kay's sister Monica and her son and grandsons set out on a trip to Yellowstone. After stopping in Mitchell and Monica falling, Chamberlain and Monica falling and Deadwood and Monica having a swollen wrist and not talking completely normal the three of them cancelled their plans and headed home. A 7 day vacation became 1 day. Monica is doing fine but did spend a couple days at Sanford and has a mild wrist break.

## **PROGRAM: Jeff Gould, I Like That Story**

- Jeff did what he does best....talk!
- He shared about anxiety, fear and structure and how the Pandemic affects lots of us and what we can do to get by easier.
- 1/3 of us are too busy to be affected, 1/3 of us have had our livelihood diminished due to the pandemic and 1/3 of us are simply over anxious about the matter.
- Jeff referenced the Romans and how they survived by having a very structured plan. Each day they would move their fort to a new location and build a new one exactly as the last. This provided structure and consistency and allowed them to rule for 1,000 years.
- He provided the following "Roman Rules"
  - Go to bed.... early!
  - Get up....early!
  - Work-out, exercise to clear your mind.
  - Eat properly....not when you are overly hungry or bad stuff!
  - Relax....again to clear your mind.
  - Write down a list of the enemies surrounding you.... To-do list.
  - Armour up.... Get your mind right.... See items above.
  - March forward.....take on the list!
  - Kill the biggest monster each day....least favorite task on list.

- Attack you enemies one shovel of dirt at a time....do it right!
- Call it a day early!
- Sleep well!
- Get up and do it all again!
- This is consistant and will allow you to have a relentless pursuit of overcoming your fear by meeting it head-on!!
- Check out Jeff's website....[www.ilikethatstory.net](http://www.ilikethatstory.net).....lot's of great information!!
- [www.ilikethatstory.net](http://www.ilikethatstory.net)

#### **CALENDAR OF EVENTS/ANNOUNCEMENTS:**

- **5<sup>th</sup> Monday Social – Monday, August 31, 2020 from 5:30 – 8:00 PM at The Alliance. The First drink and appetizers courtesy of your Cosmo Club. Bring a guest and share the fun and information about Cosmos!!**
- Sweetest Day of Golf to be held at The Country Club of Sioux Falls on September 14, 2020. Lunch and registration begin at 11:30 with a Shotgun start at 12:30. We still have room for a team or two. Also have room for volunteers and **NEED MORE HOLE SPONSORS!**
- Melvina provided an update on the planning for the 2021 International Convention to be held in Sioux Falls on July 22-25, 2021. The Theme for the Convention is **"Together at the Falls"**. Please plan to support your Club and attend the convention!

#### **BRAGS & FINES: SERGEANT-AT-ARMS:**

- Lanny bragged that he had been to the races three weekends in a row. Husets, Knoxville and Knoxville. No races this past weekend. He is having withdrawals! ☺
- Darwin bragged about the Twins still winning....kinda!
- Darwin bragged that he and Jane took their weekly trip to hike at a state park. They went to Sisseton and visited Sica Hollow State Park. They also visited Fort Sisseton and the museum at Fort Sisseton. Highly recommended.
- Darwin Sletten bragged that he and Jane had pie and ice cream in Webster and visited with truck drivers that were hauling 257' long wind tower blades at the rest area near Watertown.
- Jerry Priebe bragged that he is headed to Mesquite, NV for golf on Tuesday. He was whining that it may be hot.....poor guy!! ☺
- Barb DiSanto bragged that she found a ticket for our weekly drawing on the floor!! Sounds like our Sergeant dropped it!!
- Melvina Newman was fined for the people at her table being too loud while others bragged.